

Aerial Ladder Climb

Description of the Exercise:

The applicant will climb an Aerial Ladder extended to one hundred foot (100') with the ladder set at a seventy (70) degree angle. At the signal of the instructor the applicant will climb the ladder until both hands are placed on the last rung just before they enter the platform.

The applicant will keep his/her hands on the rungs at all times during the climb and descent. This evolution must be completed in one continuous motion.

This exercise is not a race. However, there will be a ten (10) minute time limit. This time will allow each applicant to complete this exercise. The time will begin on the instructors signal.

The Rushville Fire Department wants to emphasize to each applicant that this exercise is not a race. **Do not run up and down the ladder. Foolishness or horseplay will not be tolerated.**

Equipment to be used:

The Rushville Fire Department's 100' Platform.

Measures:

This exercise will determine if the applicant has vertigo or acrophobia. It will also measure physical strength and agility to climb and descend ladders.